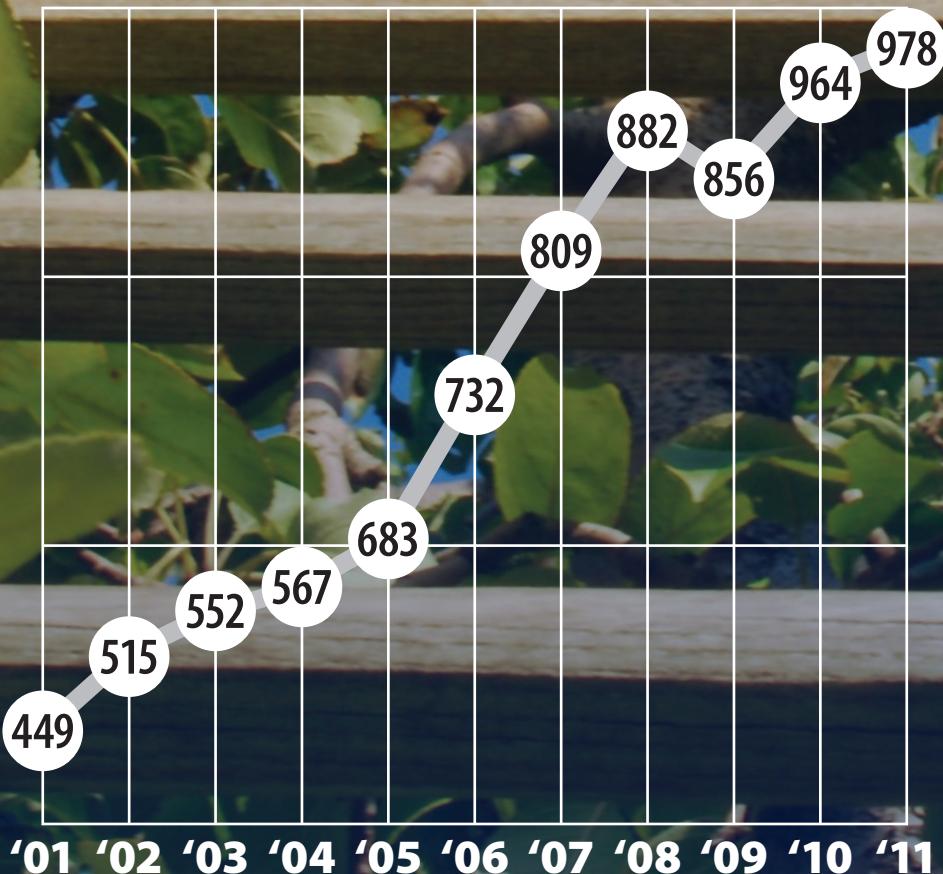


**ON THE COVER—
Leaves Fall,
Ohioans
Shouldn't — Learn
how to prevent the leading
cause of injury-related ER
visits and deaths among
Ohioans 65+
SEE PAGE 9**

**OHFAMA Legislative and
Election Updates
SEE PAGE 8**

OHIOANS AGE 65+ FATAL FALLS ANNUAL NUMBERS FOR YEARS 2001 - 2011



**OHIOANS 65+ DEATH RATE PER 100,000 POPULATION FOR
YEARS 2001 - 2011: 2001: 29.7; 2002: 34; 2003: 36.3; 2004:
37.2; 2005: 44.7; 2006: 47.7; 2007: 52.3; 2008: 56.1; 2009:
53.3; 2010: 59.5; 2011: 59.3**



Journal

**OF THE
OHIO FOOT AND ANKLE MEDICAL
ASSOCIATION**

VOLUME 56 | NUMBER 4 | FALL 2014

INSIDE THIS ISSUE

President's Message	2
OHFAMA Members In The News	3-5
Executive Director's Message	7
Legislatively Speaking	8
Leaves Fall, Ohioans Shouldn't	9
OPPAC Needs You	10
Baby Steps	14-15

A WORD FROM THE PRESIDENT

Celebrating 100 Years of Success

Wow! It's hard to believe it's time to get ready for the November HOD! Where does the time go? If being busy makes the time go by faster, then it's no surprise this year is flying by.

The summer was very productive. In July,

the OHFAMA Executive Board had the privilege of meeting with the Ohio State Medical Association (OSMA) at



Karen Kellogg, DPM

their headquarters in Columbus. We were welcomed by OSMA President, Mary Wall, MD, JD, and their ED, Mr. Brent Mulgrew. They were very open and receptive to collaborating on issues of mutual interest. Given the recent focus by the governor on opioid control, we were invited to collaborate and participate with them on an opioid task force. OHFAMA 2nd Vice President Dr. Richard Shilling has volunteered to help with this important cause as well as meet with the Ohio Academy of Family Physicians in early October.

Also this summer, Dr. Rumberg and I had the privilege of attending Academy meetings. We were welcomed by the Eastern Academy in July. We were treated to an excellent dinner, lecture and meeting. In early September, we were guests of the Northwest Academy. What an honor to sit among so many past and present state leaders! I grew up in the Toledo area, so I was very much looking forward to visiting my home town. In late-September, Dr. Rumberg and I visited my home Academy,

Mideast, and I was the guest of the Midwest Academy for their Quickie Seminar in Dayton. In late October, I will complete the academy visits at the Super Saver Seminar with Northeast Academy in Cleveland. I have been very impressed by the warm welcome from the Academies.

As I mentioned earlier, we are preparing for the HOD in November. Part of the preparation is recognizing up-and-coming leaders who might be interested in running for election to a state office or APMA delegate. Our organization is only as strong as those who lead. We rely on members to step up and take the reins. I realize that holding a state office is time consuming, and of course we are all busy, but I encourage you to please consider furthering your involvement with OHFAMA. The rewards far exceed the time involvement. As President, I have developed confidence, problem-solving skills, budgeting, public speaking capability, political knowledge, and the list goes on. OHFAMA will do its part to help support you. This year, for the first time, our 2015 President and ED, Drs. Russell and Rumberg, will attend the American Society of Association Executives' (ASAE) CEO Symposium. We anticipate this Symposium becoming a part of annual leadership training for incoming OHFAMA Presidents. What an opportunity! I encourage you to take advantage of these golden opportunities for personal growth and development as well as service to OHFAMA.

As my term is coming to a close, I would like to thank you, OHFAMA members, for the privilege of presiding over our beloved organization. It has been a pleasure to serve a membership so devoted to advancing and growing our profession. Let's celebrate 100 years of service to our profession. Join us in June of 2015, as we toast to begin OHFAMA's Centennial!



2014

October 23-25

Super Saver CME Event
North East Academy
Cleveland Airport Marriott

November 6-8

GXMO · OHFAMA Headquarters

November 14

1:00-5:00 PM
Budget/Finance BOT
Columbus Airport Embassy Suites

November 15

8 AM-12:00 PM
House of Delegates Annual Meeting
Columbus Airport Embassy Suites

November 15

12:30-1:30 PM
Board of Trustees
Columbus Airport Embassy Suites

December 11

8:00 AM
Executive Committee Conference Call

2015

**June 4-6**

The Annual Foot and Ankle Scientific Seminar
featuring OHFAMA's

CENTENNIAL CELEBRATION

with a Centennial Gala Banquet
Friday, June 5, 2015

5:30 pm - 9 pm

It's a once-in-a-lifetime event for podiatry in Ohio
Plan to attend

**Please note that as of January 1, 2014
all staff email addresses have changed:**

jrumberg@ohfama.org
lridolfo@ohfama.org
jmclean@ohfama.org

Kent State University College of Podiatric Medicine Holds White Coat Ceremony

Kent State University College of Podiatric Medicine (KSUCPM) celebrated the Class of 2018 White Coat Ceremony on Saturday, August 2, 2014. The College of Podiatric Medicine welcomed 122 students into the Class of 2018. The ceremony was held in the University Auditorium at Cartwright Hall on the Kent Campus in Kent, Ohio. Allan M. Boike, DPM, Dean, stated, "I am very



Allan M. Boike, DPM

diverse backgrounds and fascinating experiences that led them to pursue a career in medicine. I am honored to play a role in their journey to becoming podiatric physicians."

Richard Hofacker, DPM, served as the keynote speaker. Dr. Richard Hofacker is a 1987 graduate of the Ohio College of Podiatric Medicine and currently practices in Akron, Ohio, where he is a member of the Mid-eastern Academy. Dr. Hofacker has more than 25 years of experience in treating foot and ankle problems, including work at Akron General Medical Center and Summa Health System. Dr. Hofacker also currently serves as the podiatrist for the Cleveland Cavaliers and has been in this role for over two decades. | Source: PM News: August 09, 2014 #5,133

pleased to welcome this remarkable group of students to Kent State University. This class represents 34 states, as well as four nations. These students have some of the most

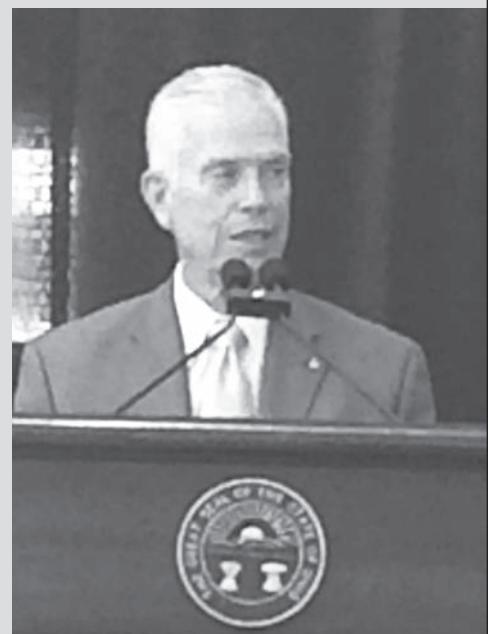
The Health Policy Institute of Ohio Second Annual Telehealth Leadership Summit

On August 19, 2014, Executive Director Dr. Jimelle Rumberg attended the Health Policy Institute of Ohio Second Annual Telehealth Leadership Summit to discuss federal and state telehealth policy and regulatory issues, learn about promising telehealth programs and strategies, and hear an update on Ohio's rules and regulations. The summit was held in the Statehouse Atrium. Congressman Bill Johnson (R-Marietta) of the 6th Congressional District addressed the Summit attendees on federal legislation and the vast considerations for rural medicine. Johnson stated that his geographic district (comprised of a portion of Athens, Mahoning, Scioto, Muskingum and Tuscarawas Counties, including Canfield, Uhrichsville, and Porter Twp., all of Belmont, Carroll, Columbiana, Gallia, Guernsey, Harrison, Jackson, Jefferson, Lawrence, Meigs, Monroe, Noble, and Washington Counties) could greatly benefit from telehealth care.

Of notable interest is how the Louis Stokes VA Medical Center handles tele-health services. Their success discussed the short term duration for telehealth services and patient monitoring, as well as costs associated with patient care under telehealth services. It was noted that VA patients in places like Chesapeake, OH could not simply cross the Ohio River to receive services at the Huntington VA Medical Center in West Virginia. Patient transport was another cost issue discussed.

Medical Board President Dr. Kris Ramprasad and Chief Legal Counsel Kimberly Anderson also addressed the group. Dr. Ramprasad indicated he finds the use of telehealth a necessary need

for the future. Ms. Anderson stressed the Board's regulations are focused on ensuring that a proper physician-patient relationship exists and that patients



U.S. Rep. Bill Johnson, R-Marietta, addressed the summit with his presentation entitled "Establishing a national definition for telehealth."

have access to appropriate follow-up care and their medical records. The Board is currently revising its regulations related to prescribing to patients not seen by the physician and internet prescribing. The regulations will soon be sent out for comment.

OHFAMA has been working since 2013 to ensure that podiatric services are included for both consultive service and patient care services in all legislative bill areas that mention telehealth or Telemedicine. It is the wave of future patient care. Think of the possibilities of Face Time or Skype to check on a patient post-operatively. It can open many doors and yet, open those doors to fraud and abuse of the system.

Abshier to Represent Ohio at Young Physician's Institute

The 2014 Young Physicians' Institute (YPI), will be held on October 10-12 at the headquarters of the Podiatry Insurance Company of America (PICA) in Tennessee. Dr. Sarah Abshier will



Dr. Sarah Abshier

represent the OHFAMA at this year's YPI. Abshier currently serves as a member of the Board of Trustees representing the Central Academy. Executive Director, Dr. Jimelle Rumberg noted that, "Ohio was fortunate to have Dr. Abshier representing Ohio's young physician members this year. Dr. Derrick Jackson, a Youngstown DPM and member of the Board of Trustees from the Eastern Academy, represented Ohio for past two years. It is vitally important to infuse current leaders who are young physicians with resources and supports for professional growth. With so many hurdles to jump in today's professional world, having a YM Institute provides outlets and resources for all young physicians. Those supports can be carried back to OH and shared with our academies and our young member base. OHFAMA is fortunate that almost 50% of OHFAMA's board is comprised of young

physicians as well as 400 students, who will soon be young physician members. Developing young members is key to organized podiatry nationally and in Ohio."

As part of this year's YM Institute, Paul S. Garrard, founder and president of PGPresent, LLC, will give advice for managing your student loan debt. One of the challenges more than a few new podiatrists face is how to choose a repayment strategy for their student loans that helps them best meet their own personal repayment and career objectives. This can be exacerbated by the complexities associated with the loans themselves and their repayment options that seem to be constantly changing," said Garrard.

Garrard will cover the following topics during this important student loan update:

- How to choose a repayment strategy for your student loans that meets your individual repayment and career objectives
- Recent and proposed changes that may impact your repayment strategy as a new podiatrist, and what to watch for
- Consolidation, including advantages and disadvantages, how to know if you are a candidate for consolidation, and why consolidation may not be needed for many new podiatrists
- How private student loans may impact your repayment strategy

Student loan debt is just one topic that will be covered during YPI. Attendees will also receive valuable practice management advice, leadership training, public speaking tips, and networking opportunities.

MEMBERS IN THE NEWS

Bailey Lauds New Hospitalist Program

Upper Valley Medical Center (UVMC) is committed to enhancing the quality of the patient experience and ensuring positive outcomes. Major initiatives include improving communication with patients and caregivers. To that end a formalized hospitalist program was established in 2012 in



Dan Bailey, DPM

partnership with Premier Health. "The new hospitalist program was developed with quality and patient safety as the primary goal," said Dan Bailey, DPM, chief medical officer for UVMC. "This approach includes important quality benchmarks for clinical outcomes to measure effectiveness of care, and it supports UVMC/Premier's core values of excellence, compassion, integrity, and respect." | Source: PM News; 7/7/14 #5,104

TriHealth Welcomes OHFAMA Member

TriHealth announced that Gary Glynn, DPM will practice at Group Health in Mason and West Chester. In private practice since 1993, Dr. Glynn's focus includes heel pain, bunions, hammertoe, arthritis, bone spurs,



Gary Glynn, DPM

painful corns, calluses, and toenails. Dr. Glynn received his Podiatric Medical Doctorate from the Ohio College of Podiatric Medicine in Cleveland. He

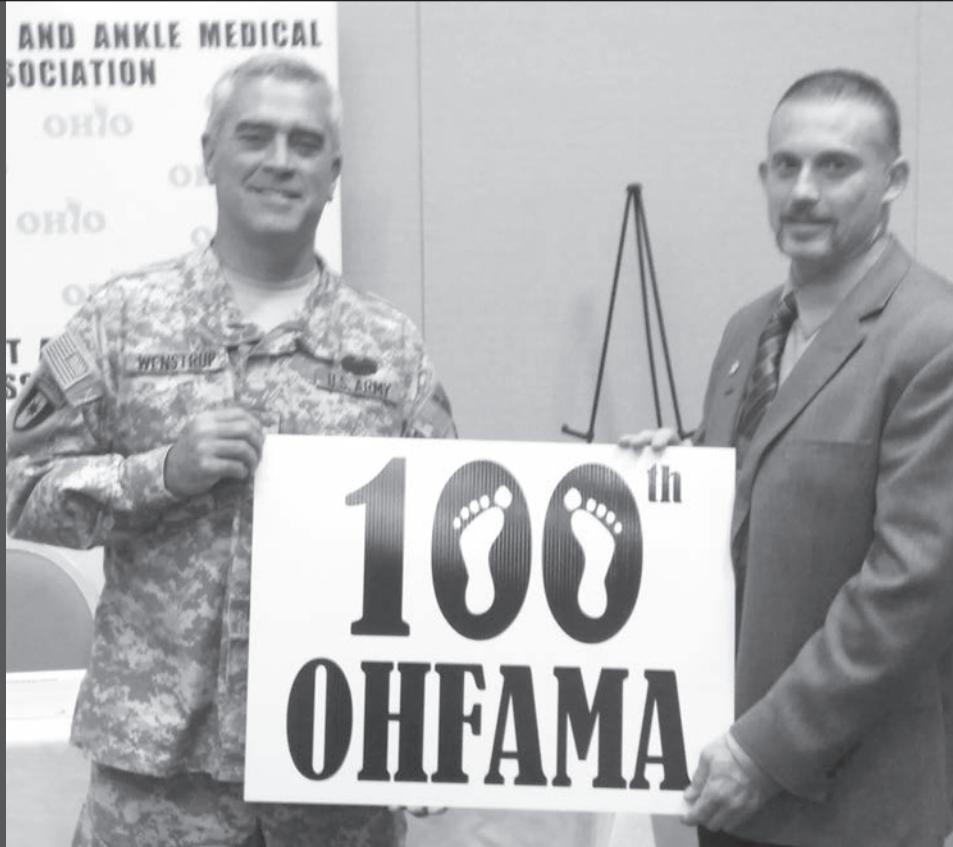
completed a podiatric surgery residency at Jewish Hospital. Dr. Glynn is board certified in Podiatric Surgery and is a member of the Ohio Foot and Ankle Medical Association. | Source: PM News, 9/9/14 #5,159

CONGRESSIONAL SIGHTING

Dayton's Quickie Seminar

Congressmen need to maintain their professional license if they are physicians and surgeons. Congressman Dr. Brad Wenstrup is no exception. While on Congressional break until after the election, he recently had time to catch up on continuing education credits for his Ohio license. He attended the 2014 Quickie Seminar in Dayton. The Quickie Seminar, hosted by the Midwest Podiatry Academy of the Ohio Foot and Ankle Medical Association is a local CME event. It hosted 65 attendees.

Congressman Wenstrup was a good sport to help promote OHFAMA's upcoming Centennial Celebration during the seminar. The Annual OHFAMA Scientific Seminar June 4-6, 2015 in Columbus will be the kickoff celebration of OHFAMA's centennial year. Academies are being asked to take candid photos to be used at centennial functions to promote 100 years of organized professional podiatry in Ohio.



Congressman Dr. Brad Wenstrup and Dr. Marc Greenberg, OHFAMA Immediate Past President and Midwest Academy President

Ohio Achieves Home and Community Based Services Targets One Year Ahead of Schedule

In June 2013, Ohio was awarded \$169 million in additional federal Medicaid matching funds as a result of the state's commitment to direct half of all Medicaid long term care funding to home and community based services instead of higher cost nursing homes and other institutions by September 30, 2015.

The federal award was made under the Balancing Incentive Program, which also requires states to make structural improvements in long term care, such as a single-point-of-entry system for beneficiaries, conflict-free case management services, and a standardized assessment tool for

determining a person's level of care need.

On September 10, 2014, the Ohio Department of Medicaid announced it surpassed the 50% spending target for home and community based services—one full year ahead of the federal deadline—and all other structural improvements are on track for implementation.

When Governor Kasich took office in 2011, Ohio was spending more of its Medicaid budget: sixty-four percent on high-cost nursing homes and other institutions than all but five states, and Ohio taxpayers were spending forty-seven percent more for Medicaid long-term services and supports than taxpayers in other states.

From his first days in office, Governor Kasich instructed the Office of Health Transformation to "rebalance" long term care spending toward less expensive home and community based alternatives to institutions.

For example:

- Governor Kasich's first budget

increased home and community based services spending, enabling an additional 7,600 Ohioans to receive long term care in their own home or community setting.

- The Governor's second budget prioritized home and community services, enhanced community developmental disabilities services, and started the process to rebuild community behavioral health system capacity.
- Ohio's Home Choice program is ranked first nationally transitioning people with mental illness from long term care facilities, and second overall in the number of residents moved from institutions into community settings.

The ultimate goal is for Ohio seniors and people with disabilities to live with dignity in the setting they prefer, especially their own home, instead of a higher cost setting like a nursing home. | Source: OHF, September 11, 2014.

Thank you
OHFAMA
for your
endorsement!

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EXECUTIVE DIRECTOR'S MESSAGE

SSDD — Not At OHFAMA

Growing up, the rite of adolescent girls was having a “locked” diary. Mine was Robin-egg blue with gold lettering and a gold lock. I bought it at the GC Murphy store with my cherished and hard-earned allowance money. I bought a five-year diary. I thought I needed to jot down my musings of Junior High and High School for future reflections after my college years. I was vigilant for the first month, then my enthusiasm gently waned. In those days, every day seemed the same. School, homework, dinner, dishes, more homework. Occasionally there was a landline phone call to chat with girlfriends.

By Week Six, I started abbreviating my day's adventures as SSDD (same stuff different day) because there was nothing new. How times have changed!

I no longer keep a diary but a full day planner that is my lifeline. I also keep an electronic calendar on my phone, computer and iPad. When I open my planner, you would wonder if I need a clone, but I have learned that managing time takes control for the order in your life. Without my planner, I would be lost as it's never SSDD at OHFAMA.

It's been a busy quarter to say the least since The Annual in June. The Annual hosted over 550 total attendees – our largest event to date EVER!

The summer's biggest news was that podiatry received well over 260 new Medicaid codes that nicely complimented the 10 procedure codes added to podiatry's list in late spring. More have been promised in 2015. Pinch me, I must be dreaming!! This is certainly not SSDD for podiatry in Ohio. The Department of Medicaid has been extremely professional and I must commend the committee's work in updating all the podiatry codes along with Dr. Harry Goldsmith of the APMA Coding Resource Center. Drs. Andy Bhatia, Jerry Ferritto, Marc Greenberg and Corey Russell did an outstanding job with the Department's request for updated codes. The codes were submitted by the Department of Medicaid to the State Medical Board (SMB) for their scope review



Jimelle Rumberg, PhD, CAE

and approval before becoming a part of the MITS coding system. The process took five months from the initial meeting to completion. In government time, that happened at light speed proportions...not SSDD at all.

OHFAMA's Executive Committee met with the State Medical Association's President, Mary Wall, MD, JD as well as Mr. Brent Mulgrew, the OSMA Executive Director, at their headquarters in Hilliard. It was a productive 90 minute meeting. Dr. Wall, who is a Radiologist, was very engaged and podiatric knowledgeable. She has worked with podiatric residents in Cleveland. Dr. Richard Schilling was asked by OSMA to assist the OSMA Opioid Initiative, so that podiatric medicine's input can be given. Again, not SSDD, but a collegial exchange that has begun a new professional relationship officer-to-officer.

I also had the pleasure of meeting Dr. Allen Boike, Dean of the KSUCPM at his office in Cleveland. It was a productive meeting for us both and one I thoroughly enjoyed. While at the school, I also met with Dr. Ossher regarding the current GXMO exam and ongoing psychometrics on the bank of test questions.

Later that same day, I met with Greg Young, DPM, the Government Relations Director for Medical Mutual at their corporate office in downtown Cleveland. As a side-bar, developing relationships with other lobbyist as well as insurers is a priority for OHFAMA. We've met with Molina recently as well as the Medical Director of Aetna MA plans and have contacted Humana for a meeting.

Did you realize that as a lobbyist and executive director, I meet at least monthly with the Ohio State Medical Association, Ohio Osteopathic Association, Ohio Optometric Association, Ohio Pharmacy Association, Ohio Psychological Association, and the Ohio Dental Association? Together we discuss the legislative climate, on-going bills and hearings; sometimes we work in tandem with legislative fundraisers. The group is called the Ohio Health Care Provider Coalition. Collectively we represent over 88,000 licensed health care providers in Ohio. SSDD.....no way.

As you may know, the State Medical Board has opened our practice act, referred to our scope in HB 519. They want to finish this quickly by December 30. We will keep you informed by the OHFAMA listserv with ongoing updates. Our lobbyist, Dan Leite, and I met with Representative Schuring, the bill's sponsor, to amend and add some

important inclusions that had been overlooked. Keeping the language MD/DO/DPM specific is extremely important for consistency in ORC. We attended the SMB Policy Committee meeting in August and September and will be diligent regarding proposed changes in Ohio's “One Bite Exemption Rule” for physicians during the October SMB meeting.

September found Luci and me at the Central Academy. I attended the Northwest Academy and the Mideast Academy meetings along with our President, Dr. Karen Kellogg. Dr. Kellogg attended the Midwest “Quickie Seminar” and made her official visit in Dayton.

What fun to begin the candid photos for our upcoming Centennial Celebration in June, 2015! I never knew that OHFAMA had so many camera hams among us! Please don't forget to “smile” and remit those photos after every Academy function to OHFAMA for inclusion in the Centennial slide show presentation. The sign is unmistakable for its purpose. Every academy has a sign for their meetings' use. SSDD...not for another 100 years!

In late September, the ASPE Retreat for podiatric executives was held in Savannah and was very well attended. State association issues, legislative and administrative items were discussed during the two-day meeting. APMA attended and reported that the Young Member demographic represented around 23% of APMA membership.

Early October finds OHFAMA at the Ohio Academy of Family Physicians, with Dr. Schilling, so that we can begin a relationship with organized Family Physicians. Dr. Block and I will be driving to St. Clairsville to meet Congressman Bill Johnson at a fundraiser hosted by our own Dr. Bruce Blank, APMA Delegate and past president of OHFAMA. Dr. Schroeder and I will be attending the Alliance meeting, an organization of large state podiatric associations, in California during the Northeast Academy's Super Saver's Fall Classic meeting; Dr. Kellogg will make her official visit at that time. As always, I look forward to seeing their delegation and all academy delegates at the upcoming HOD in November – which is never SSDD.

So the next time you wonder about SSDD, just know that no two days are ever the same for the staff at OHFAMA. Every day, week and month brings something new – but it's NEVER SSDD. It's for YOU!

AT THE OHIO GENERAL ASSEMBLY

Legislature Break Focused on November Elections

by Dan Leite, Capitol Advocates



The Ohio General Assembly continues its “legislative recess” that began in June and is strongly expected to last until after the November elections. During that time, legislators and statewide officials are gearing up for an election cycle that will see Ohioans vote on all five statewide officeholders, Ohio Supreme Court justices, all 99 members of the Ohio House and roughly one-third of the seats in the Ohio Senate.

Currently, Republicans hold all five statewide offices (including Governor with John Kasich), almost all the Ohio Supreme Court seats and enjoy large margins in the Ohio Senate and Ohio House of Representatives. Based on polling data released as of this writing, it appears those aforementioned majorities will not be changed by the November elections. Once those elections are decided, the current Ohio General Assembly will return in November and December for its traditional “lame duck” voting session to finish out its business by the end of 2014.

While the legislature has not been in Columbus having extensive hearings and voting sessions that otherwise go on

throughout the year, OHFAMA has been very busy on behalf of our members working on current issues and holding meetings with various officials in anticipation of the late 2014 legislative activities. One particular bill of interest OHFAMA is deeply involved in is House Bill 519, legislation sponsored by Representative Kirk Schuring that would make specific changes in the scope of practice and administration of the practice of podiatric physicians. This bill was introduced just before the legislative break began in June and is before the House Health & Aging Committee.

OHFAMA has met with Representative Schuring to convey our association’s support of HB 519, as the changes being

proposed to our scope of practice that are in this legislation are a direct result of discussions between OHFAMA and the State Medical Board over the last few years. In addition, OHFAMA has presented a list of “administrative changes” that are in the current Ohio Revised Code (Section 4731, the section that governs our practice) to Representative Schuring that OHFAMA is seeking to “clean up” through HB 519. Our association is continuing its work with Representative Schuring and the State Medical Board on incorporating these current code changes into the bill. OHFAMA strongly anticipates HB 519 will move through the General Assembly during the post-election session.

OHFAMA Continues Interest in These Issues at the Statehouse

- Implementation of the so-called “opiate regulation” bills that passed the General Assembly last spring. Podiatric physicians and other prescribers will have to register with the state OARRS program beginning on January 1, 2015. OHFAMA is currently receiving the final version of the informed consent form that must be presented to minors for adult signature when the prescriber issues a prescription containing a certain opiate for a minor.
- HB 326, legislation regarding the ability of certain trained personnel to perform diabetic shoe fittings. You may recall that this legislation passed the Ohio House 96-0 and is currently before the Senate Commerce & Labor Committee. OHFAMA, at the request of the bill sponsor, is continuing to work with proponents of the bill to ensure any final version of the bill contains viable patient safety measures.
- OHFAMA will be supporting SB 330, legislation introduced by Democratic Senator Capri Cafaro that will standardize a prior authorization process for managed care companies (including Medicaid MCO’s) by going to a standardized PA form and requiring that PA decisions need to be rendered within certain time periods. OHFAMA has met with Senator Cafaro on this bill and will be requesting that she consider adding language to SB 330 to address the current law regarding “take backs” between managed care entities and providers.
- The association is also beginning planning to interact with officials of Medicaid, the Office of Budget and Management and returning members of the legislature on preparations that will begin soon for the formulation of the next biennial budget bill which should be introduced within the first few months of 2015 during the new session of the General Assembly.
- OHFAMA is also scheduling an initial meeting between your association and the new Director of the Ohio Department of Health Rick Hodges. Director Hodges is a former member of the Ohio House of Representatives.

COVER STORY

Leaves Fall, Ohioans Shouldn't

- Falls are the leading cause of injury-related hospitalization and death among Ohioans aged 65 and older
- An older Ohioan falls every two minutes on average, resulting in an injury every five minutes, six emergency department visits and one hospitalization each hour, and three deaths each day.
- Approximately 15 percent of Ohio citizens are age 65 or older, yet this group accounts for more than 84 percent of fatal falls.
- The total estimated cost of falls (medical costs, work loss) is \$646 million annually in Ohio, or \$1.8 million each day.
- Falls are not a normal part of aging, and most falls can be prevented!

Falls are the main reason why older Ohioans lose their independence. OHFAMA has been actively Tweeting these facts on Twitter. If you haven't yet followed us on Twitter, please do. OHFAMA is actively involved with the Department's efforts to educate you and your staff about the State's involvement in Falls Prevention. If you noticed our cover, the data is compelling.

The Ohio Department of Aging and the Ohio Older Adult Falls Prevention information were at a special booth at the June 7-9 The Annual to distribute Toolkits. If you missed visiting them, you can go to the Web site or call the The Ohio Department of Health at 614-466-3543 and request a "Steady" Fall Prevention Toolkit.

Did you know that:

A Matter of Balance, the award-winning program that helps older adults reduce their risk of falls, is now available in all 88 Ohio counties, just one year after the STEADY U Ohio initiative made statewide expansion a priority. Over the past year, the Ohio Department of Aging and the Ohio Older Adult Falls Prevention Coalition have worked to secure community partners and grow the program's infrastructure. These county contacts can be found under resources on the STEADY U web site.

"We know that older adults would prefer to continue living independently in their own communities for as long as possible,

NUMBER OF FALL-RELATED DEATHS 2010-2011¹

978

HOSPITALIZATIONS 2010-2011²

17,142

ED VISITS 2010-2011³

62,191

REPORTED FALL INJURIES 2010-2011⁴

105,009

NUMBER OF FALLERS 2010-2011⁵

291,693



but falls are a major threat to that independence," said Bonnie K. Burman, director of the Ohio Department of Aging. "A Matter of Balance works because it is both evidence-based and community-based. Those who complete the program report feeling more in control over factors that can cause them to fall."

An older Ohioan falls every two minutes on average, resulting in an injury every five minutes, six emergency department visits and one hospitalization each hour, and three deaths each day. The number of fatal falls among older Ohioans increased more than 165 percent from 2000 to 2012. But falls are not a normal part of aging, and most falls can be prevented.

"One of the biggest risk factors for falls is a fear of falling. When you get past that fear and take control of your life again, your risk of falling goes down immediately," added Director Burman.

A Matter of Balance focuses on practical coping strategies to reduce fear of falling and to diminish the risk of falling. The curriculum includes lectures, group discussions, mutual problem solving, role-play activities, exercise training, assertiveness training, and home assignments. Participants practice exercises to improve strength, coordi-

nation and balance, as well as learn how to conduct a home safety evaluation and get up and down safely.

Classes are led by coaches who are recruited and trained by master trainers. Earlier this year, the Ohio Department of Aging partnered with MaineHealth's Partnership for Healthy Aging to coordinate a master trainer train-the-trainer session to help expand the program into unserved and underserved areas.

Learn more about "A Matter of Balance" at www.steadyu.ohio.gov.

Falls are an epidemic among our elders and are the number one cause of injuries leading to ER visits, hospital stays and deaths in Ohioans age 65-plus.

STEADY U Ohio is a comprehensive falls prevention initiative led by Governor John Kasich and the Ohio Department of Aging, and supported by Ohio government and state business partners to strengthen existing falls prevention activities, identify opportunities for new initiatives and coordinate a statewide educational campaign to bring falls prevention to the forefront of planning for individuals, families, health care providers, business and community leaders and all Ohioans. Visit www.steadyu.ohio.gov.

Election Season is Here and OPPAC Needs Your Help

Greetings and salutations!

I hope this autumn season finds you all doing well. It is coming to the end of my term as 1st Vice President and OPPAC chairman. Election season is coming fast and OHFAMA is hard at work supporting those candidates whom are supportive of our profession. That's one of the roles of OPPAC and an area where your donations are being utilized. Unfortunately we haven't reached our goals for 2014 as of yet and it is the most crucial time of year. We are about \$5500 short of our goals and we need your help more than ever to succeed.

The OHFAMA House of Delegates is coming up on November 14-15 in Columbus. Please consider contributing to OPPAC at the House of Delegates. As you are all well aware, the medical profession is going through a transitional period that will affect all physicians and their patients. OHFAMA continues to work diligently to make sure Podiatry is included in all those changes. There are many such bills and pieces of legislation. House Bill 519 is one such bill. Podiatric physicians are omitted from various areas in the Ohio Revised Code (ORC) and in Ohio State Medical Board (OSMB) procedures. HB 519 will address some of those discrepancies which affect our inclusion in the practice of telemedicine as well as in various policies which are only defined for allopathic and osteopathic physicians. These policies include allowing a retired podiatric physician to receive a "volunteer certificate" from the OSMB to provide medical services to indigent and uninsured persons as well as allowing podiatric physicians to obtain a "certificate of conceded eminence" from the OSMB if

their practice is affiliated with an academic institution. Podiatric physicians are not included in those sections of the ORC. OHFAMA is working with the bill's sponsor, State Representative Kirk Schuring, to be added alongside allopathic and osteopathic physicians. This is another part of our long-ranging goal of parity for Podiatry in Ohio.

I personally would like to thank all of our members who have already donated to the PAC this year. We couldn't have accomplished much without your support. November's House of Delegates would be a perfect time for those individuals or academies whom have not donated as of yet to get your donations in. We cannot be successful without your support! I look forward to seeing you in November at the House of Delegates.

My sincerest thanks,

Corey

Corey B. Russell, DPM FACFAS FACCWS
OHFAMA 1st Vice President and
OPPAC Chairman



Drs. Karen Kellogg, Rich Hofacker, Saleena Niehaus, Alan Cao. Attending but not shown was Dr. Rodney Scott

PODIATRISTS ON CALL

Mideast Academy Volunteers

On September 27th, podiatrists from the Mideast Academy provided medical aid to the participants of the 11th annual Akron Marathon. The marathon, half-marathon and team relays attracted over 15,000 runners from throughout the United States. Drs. Rich Hofacker, Karen Kellogg, Saleena Niehaus, Alan Cao and Rodney Scott provided podiatric foot care to dozens of runners. They were involved in treating minor wounds, such as blisters and scrapes, as well as more complex injuries, including ankle sprains and stress fractures.

When temperatures reached the mid-70s that day, the podiatric physicians acted as a team with other physicians and trainers in treating runners for severe dehydration and hyperthermia. The marathon was a success and our Academy looks forward to volunteering at future Marathons.

Thank You

TO OUR 2014 OPPAC
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AS OF 9-16-14



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ADD YOUR NAME TODAY!

Welcome, New OHFAMA Members!

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OHFAMA PARTNER ENDORSEMENT

Discover Real Savings with Quantas Solutions

Recently Ohio Foot & Ankle Medical Association and Quantus Solutions have entered into an endorsed agreement to partner in bringing a medical merchant services program to its members.

Several years ago, Quantus developed a unique and focused medical program exclusively for the medical market.

Medical offices process differently than retail businesses and are often set up incorrectly with their current bank/processor or credit card provider.

We have built a specific medical program designed to lower processing costs and, at the same time, have added value to the

medical merchants.

We have removed several expense components of risk, such as chargebacks and a lengthy underwriting process to pass on the savings. For example, if someone steals a credit card, it is unlikely it will be used at a doctor or dentist office. This reduces the overall risk. Medical is not the same as retail!!

We have partnered up with medical associations and societies across the country and are recognized as a leading provider of credit card processing specifically for the medical market. Medical offices across the country are making the switch to Quantus Medical.

Quantus Solutions is the most complete, secure solution in financial transactions. One of the most attractive benefits is in reducing the credit card processing expense and increasing cash flow by providing next day funding.

Our program is based on a Voluntary Group Enrollment philosophy with Standardized Group Rates for every member.

We provide real-time dedicated service and support with 24/7/365 bilingual

assistance.

Our solution allows you to accept flexible spending accounts and health reimbursement arrangement cards. We are certified SIGIS compliant as well as HIPAA compliant and PCI compliant.

Quantus does not have contract terms, activation fees, re-programming fees or monthly gateway fees. Recently we have also removed chargeback fees, retrieval fees and ACH reject fees.

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By Michael DiPietro, Senior Vice President, Quantus Solutions. 305-297-2137. mdipietro@quantussolutions.com. www.quantussolutions.com



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Quantus Solutions has partnered with the Ohio Foot & Ankle Medical Association to offer this exclusive program. Quantus has built an unique and focused medical program exclusively for the medical market. Quantus has been in business for seven years and processes for thousands of medical clients in every state throughout the United States.

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Baby Steps

Expansion of Medicaid is Good First Step

As the executive director of the Ohio Foot and Ankle Medical Association, I respond to the recent Dispatch editorial "Expansion is healthy," which praised Ohio for expanding its Medicaid eligibility.

Gov. John Kasich does indeed deserve credit for this effort, but so do many Republican and Democratic members of the Ohio House and Senate who long have supported Medicaid expansion. OHFAMA's podiatric physicians met with many of these members throughout the debate on Medicaid expansion and found the level of discussion concerning the actual implementation policy, and not the politics of the issue, to be quite enlightening.

The governor did take a great step in supporting this policy, but two of the most trusted members on his health-care team, Medicaid Director John McCarthy and Office of Health Transformation Director Greg Moody, also should be singled out for their skill in implementing the new Medicaid-expansion policy. OHFAMA especially appreciates the support of McCarthy, as he has included the services of Ohio's podiatric physicians in the Medicaid program even though he is not required to do so by federal law.

While the inclusion of the services of Ohio's podiatric physicians enjoys bipartisan support in the Ohio House and Senate, McCarthy has been very open and receptive to the input of our association regarding the many cost-effective outpatient services podiatric physicians supply the Medicaid program, especially in the area of diabetes and diabetes management, a health-care epidemic in Ohio and other states.

While OHFAMA appreciates the inclusion of podiatric physicians in the overall Medicaid program, we still have work to do to making the delivery system more effective. Access to Medicaid patients, proper provider reimbursements and professional-discrimination issues, which also are problems in other public programs and private insurance policies, need further discussion.

Our association would like to thank Kasich and many Republican and Democratic members of the legislature who support our inclusion in the Medicaid program. It is truly

a policy of bipartisan support that is benefiting our state.

*Jimelle Rumberg, Executive Director
Ohio Foot & Ankle Medical Association
Columbus*

Excision or Curettage of Bone Cyst or Benign Tumor by Podiatrists

After reviewing scope of practice guidelines for podiatric physicians in Ohio and relevant medical literature, CGS has determined that CPT code 27635 (excision or curettage of bone cyst or benign tumor, tibia or fibula) is within the scope of practice for DPMs if the procedure directly impacts on the foot and/or ankle. Effective for claims submitted on or after August 21, 2014, CGS will review claims for this service, submitted by DPMs, for medical necessity. If not submitted with the claim, CGS will request documentation to support this service, which should indicate the direct impact the bone cyst or benign tumor is having on the foot and/or ankle. This documentation must be present in order for the procedure to meet medical necessity requirements.

Special Notes Regarding Signatures
Please note that all services ordered or rendered to Medicare beneficiaries must be signed. While orders for diagnostic tests do not have to be signed, either the order must have a signature or the intent to order the specific test must be clearly documented in the medical record, and that must be signed. One or the other must be signed.

Signatures may be handwritten or electronic. With few exceptions, stamped signatures are not acceptable, as described in the CMS Program Integrity Manual (Pub. 100-08), chapter 3, section 3.3.2.4. CMS MLN Matters article MM8219 describes another exception for stamped signatures. Under the added exception, CMS will permit the use of a rubber stamp for signature in accordance with the Rehabilitation Act of 1973 in the case of an author with a physical disability that can provide proof to a CMS contractor of his/her inability to sign their signature due to a disability. By affixing the rubber stamp, the provider is certifying that he/she has reviewed the document.

If the signature is handwritten, it must be legible or have a signature line with a typed and/or printed version of the name of the person signing. If the signature is electronic, the signature must include a phrase similar to "electronically signed by" or "reviewed

by," etc., and may include the date and time of the signature.

Please note that only the person actually performing the service can sign the documentation. A partner or provider covering for another DPM cannot sign the order, record or attestation statement.

For more information about amending medical records, refer to the CGS web article "Entries in Medical Records: Amendments, Corrections, and Addenda." Refer to CMS MLN Matters article MM6698, "Signature Guidelines for Medical Review Purposes" for a comprehensive overview of signature requirements.

Hydrocodone Combination Products (HCP) reclassified by DEA as Schedule II controlled substances as of October 6, 2014

Beginning October 6, 2014, a new DEA rule goes into effect that reclassifies all hydrocodone combination products (e.g., Vicodin®, Norco®, Loratab®, Vicoprofen®) from Schedule III to Schedule II controlled substances. This change is extremely important for a few reasons: (1) these products can no longer be telephoned into pharmacies by prescribers, but instead must have written prescriptions; (2) there are no refills permitted; and, (3) this reclassification will have a significant impact on prescribers and patients since this category of drug products is the most prescribed in this country. The Ohio State Board of Pharmacy created a guidance document to help practitioners comply with state and federal controlled substance requirements impacted by the DEA rule. The controversial scheduling change was recommended by the Assistant Secretary for Health of the US Department of Health & Human Services (HHS) and supported by DEA's own evaluation of relevant data, according to DEA's news release.

DEA Establishes Pill-Return Rule

Concerned about rising rates of prescription-drug abuse, the Drug Enforcement Administration announced that it will permit consumers to return unused medications such as opioid painkillers to pharmacies. The move is intended to reduce the household stockpiles of unneeded medicines that are often pilfered by teenagers or addicts. Under the new regulation, patients and their

relatives also will be allowed to mail unused prescription drugs to an authorized collector using packages to be made available at pharmacies and other locations.

The new regulation, to take effect in October, covers drugs designated as controlled substances, including opioid painkillers such as OxyContin, stimulants such as Adderall and depressants such as Ativan. Until now, these drugs could not legally be returned to pharmacies because of a federal law that forbids patients to hand over drugs prescribed to them to anyone but law-enforcement officials. | Source: NY Times; Columbus Dispatch: Sept 9, 2014

Minor Consent Form Required if Rxing an Opioid to a Minor

Recently passed legislation is a direct result of the State's objective to reduce indiscriminating Opioid prescribing use and abuse. Although Opioids do have a place in treatment protocols when the need presents for postoperative care, palliative care or chronic pain management, physicians need to reassess their scripting habits and lower the pill count when selectively prescribing Opioid analgesics. Physicians are once again being reminded to prescribe the bare minimum when scripting Opioids and, if that patient is a Minor, the parent must sign a consent form by law. Because there are many nuances of legislation, OHFAMA wanted you to have the exemptions to the law (HB 314) regarding the "Start Talking" Minor Consent form.

Please note exemptions contained in HB 314:

The bill specifies that its informed consent requirement does not apply when any of the following is the case:

- (1) The minor's treatment is associated with or incident to a medical emergency;
- (2) The minor's treatment is associated with or incident to surgery, regardless of whether the surgery is performed on an inpatient or outpatient basis;
- (3) In the prescriber's professional judgment, fulfilling the bill's informed consent requirement would be a detriment to the minor's health or safety;
- (4) The minor's treatment is rendered in a hospital, ambulatory surgical facility, nursing home, pediatric respite care program, residential care facility,

freestanding rehabilitation facility, or similar institutional facility. This exemption does not apply, however, when the treatment is rendered in a prescriber's office that is located on the premises of or adjacent to any of the foregoing facilities or locations; or

- (5) The prescription is for a compound that is a controlled substance containing an opioid that a prescriber issues to a minor at the time of discharge from a facility or other location described in (4), above.

If you have concerns that the parents that exhibit drug seeking behaviors, OHFAMA feels that (3) would cover the issue. Contact the Medical Board at 614-466-3934 for further direction regarding the "Start Talking" Minor Consent Form require-

ments or if you have questions about the list of exemptions.

Start Talking! Form Required as of September 18th

Have you downloaded your "Start Talking" Minor Consent form from the State Medical Board's Web site at www.med.ohio.gov? As of September 18, it is the law in Ohio. This requirement is included in Section 3719.061, Ohio Revised Code, enacted through HB314. The "Start Talking!" form is separate from any other document used to obtain informed consent for treatment provided to the minor. The law also created Section 4731.22 (B)(48), Ohio Revised Code, which makes failure to comply with the "Start Talking!" requirements a basis for disciplinary action by the Medical Board.

TALKING TO YOUR KIDS ABOUT DRUGS
what parents need to know

- 1 Talk frequently
- 2 Show interest
- 3 Be careful what you say
- 4 Be careful how you say it
- 5 Know the facts about drugs/alcohol/tobacco
- 6 Be respectful & genuine
- 7 They talk, you listen
- 8 Scare tactics don't work
- 9 Control your emotions
- 10 Take advantage of teachable moments

As a parent, you worry about your kids using drugs, alcohol and tobacco. Talking will help them make good choices, but you may not be sure what to say or how to say it. Learn more about these 10 tips to help you Start Talking today at starttalking.ohio.gov

Start Talking!
Building a Drug-Free Future

2:00AM

A cartoon illustration of a young man with a speech bubble containing a question mark, looking thoughtful. The background shows a dark room with a clock showing 2:00 AM.



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